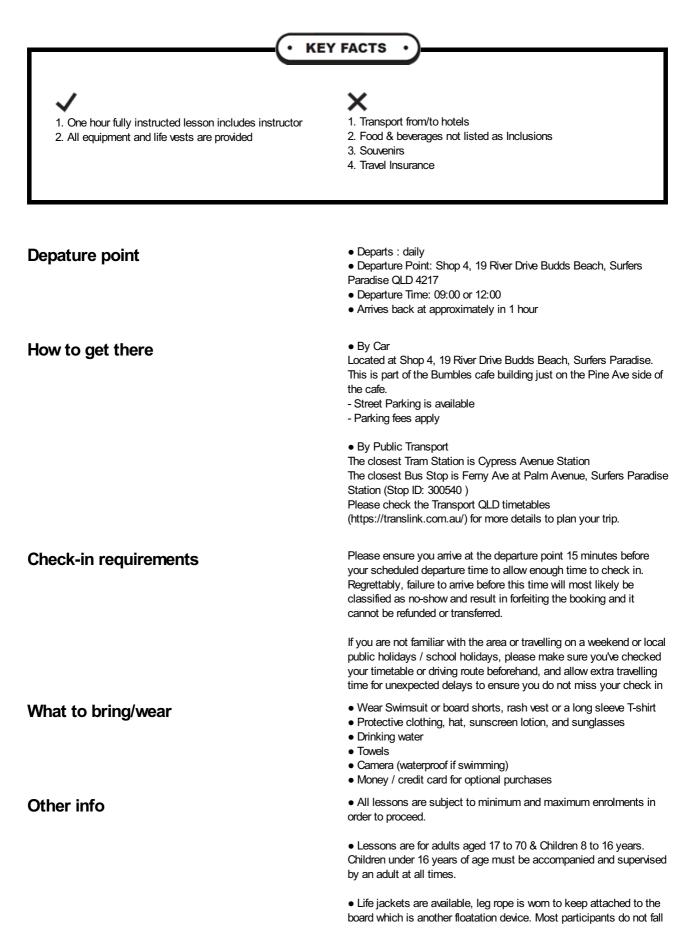
Gold Coast 1 Hour Stand Up Paddle Beginner Lesson

1 hour (approx.)



into the water and if they do, it's only in waist deep water.

• ALL non-swimmers are required to wear a life vest.

• The Service Provider holds the right to change times if weather is causing concern to participant's safety. In the event of a thunderstorm the Service Provider can delay start if the weather forecast states the storm is moving through. If the weather persists, the Service Provider can postpone to another later time or date if required.

• The Service Provider operates stand up paddle lesson in all weather conditions except during an electrical storm, 25 knots+ wind or hail storm. Although the activity may be cancelled or postponed during heavy rain or adverse conditions due to low visibility and participant safety. This is at the discretion of the Manager of the Service Provider before or leading up to the booking time.

• Stand up paddle lessons are dependent on weather however, lessons will not be cancelled due to rain, if the client chooses to cancel due to rain no refund will be issued.

• OVERVIEW

Gold Coast 1 Hour Stand Up Paddle Beginner Lesson The Gold Coast has the most incredible waterway systems here that you can explore for hours, coupled along with fantastic year round weather. It's a paddlers paradise.



Gold Coast 1 Hour Stand Up Paddle Beginner Lesson

Stand up Paddle lesson begins with a safety briefing and basic instruction followed by a demo by instructor for a full visual of what to expect. Then get out on the water to experience walking on water for the first time.

The paddle boarding lessons are close to shore, flat water only and very easy to get the hang of. Whilst your instructor helps you along the way with balance tips she/he will coordinate the group to begin paddle technique training to ensure you are all the best paddlers by the end of the lesson. You will have loads of fun on the water!

The Instructors are Surfing Queensland accredited and the equipment is the best quality on the Gold Coast.



All sales are final and incur 100% cancellation penalties.

