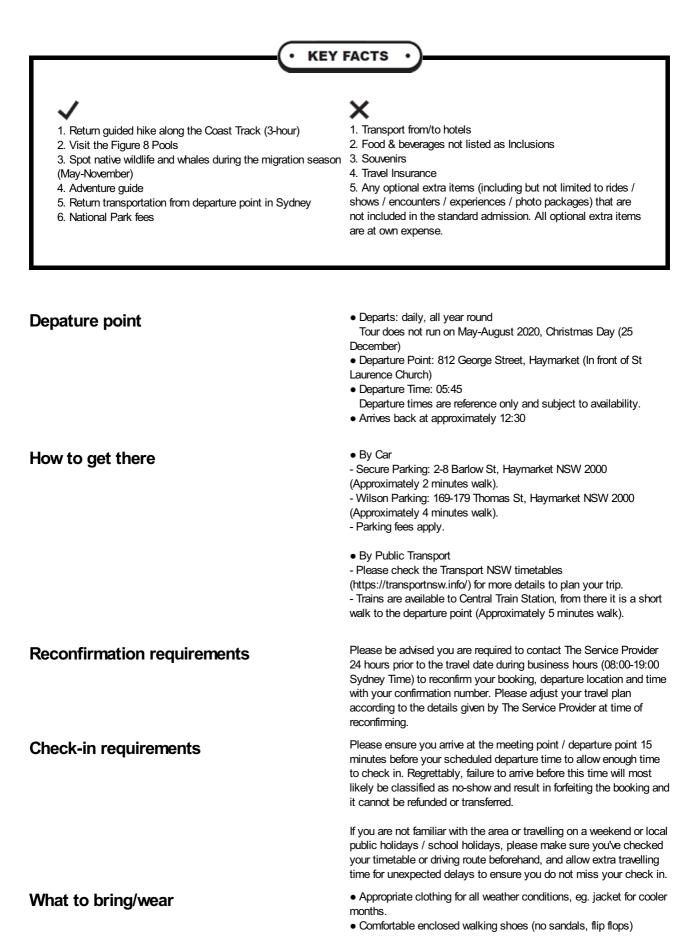
# Sydney Royal National Park Figure 8 Pools Photography & Hike Tour: Morning

7 hours (approx.)



- Protective clothing, hat, sunscreen lotion, and sunglasses
- Water bottle (3 litres), Snacks
- Small backpack with swimmers, towels, change of clothing (if swimming)
- Umbrella / raincoat if rains
- Camera (waterproof if swimming)
- Money / credit card for optional purchases

### Tour Policy

• Please wear swimsuit under clothes if plan to swim.

### Child Policy

• Kids under 12 yrs not allowed.

• Kids must be aged 12 yrs and up and anyone under the age of 18yrs old must be accompanied by a Parent/Guardian/Carer.

### Safety Policy

• The Figure 8 Pools hike requires a medium-high fitness level as the track take involves hiking down and back up a steep track, uneven surfaces, rock hopping over two headlands and suited to the fit and active person. The climb back up is 214m or 700ft and 6km or 4mi hike return.

• Medium-high fitness required and if over 59 yrs then must be fit and active with a HIGH level of fitness.

• Suited to the fit and active person, aged 15-59 yrs, if over 59 yrs need to be very fit with a high fitness level.

• Assessments on ocean conditions are made each week and prior to the tour. If the Figure 8 Pools are not safe to visit on the day due to other dangerous ocean conditions then an alternative activity may be offered or the trip will be cancelled.

• Trips operate during low tide/swell and safe ocean conditions. Please check the NSW National Parks safety checklist for more details to plan your trip:(https://www.nationalparks.nsw.gov.au/thingsto-do/lookouts/figure-eight-pools)

• Coastal hike includes slippery and uneven terrain, steep sections, an uphill hike, rock hopping and requires a medium to high level of fitness. The hike itself is around 2.5-3 hours total return time. The climb back up is 215m or 705ft and 6km or 4mi in distance return.

#### General Policy

• Service Provider cannot change the weather and trips are not cancelled or refunded due to poor or rainy conditions.

• Still do hike in the rain, snow, wind and any other weather conditions. Guests accept the risk that weather conditions they consider unsatisfactory may occur on the date booked.

• Service Provider reserves the right to change a route or itinerary, inclusions, amend times, days and fares for its tours if necessary or withdraw without notice.

• All passengers will be required to sign a safety waiver form on the day that outlines their agreement in participation of adventure activities offered by Service Provider.

 All persons are charged at adult rates, no large luggage items are permitted on board the mini bus as there is limited space (only small backpack is permitted).

• Service Provider takes no responsibility for personal items left on the bus, lost or stolen.

• All passengers are required by Australian law to wear seat belts at all times.

• Due to Australian law smoking is prohibited on the bus.

• Any inappropriate behaviour or misconduct is not tolerated on the tour and Service Provider reserves the right to remove such person/s.

# Other info

Any guest who is rude or aggressive to any customer or guide will be asked to leave the tour and make their own way back to Sydney at their own expense.

## OVERVIEW

Sydney Royal National Park Figure 8 Pools Photography & Hike Tour: Morning The Figure 8 Pools is located in the Royal National Park, just south of Sydney. Join on the ONLY licensed tour to the Figure 8 Pools for an adventure and an experience will never forget!



# Sydney Royal National Park Figure 8 Pools Photography & Hike Tour: Morning

This morning Figure 8 Pools Photography & Hike Experience takes guests into the Royal National Park just after sunrise where will experience the natural beauty of the National Park and the Figure 8 Pools in a different light. Get an early start to the day, beat the crowds and make unforgettable memories on this 1/2 day morning tour from Sydney! Visit the Royal National Park or as the locals like to call it, the 'Nasho', on the eco-adventure tour from Sydney. Explore this spectacular area found just 37 Km (23 miles) and less than an hour south of Sydney.

Enjoy a half day tour from Sydney and hike to the Figure 8 Pools in the Royal National Park along the Coast Track. Take in the beautiful scenery and coastal views along the 6km (3.7 mi) return guided hike. With jaw dropping mountain views, rolling hills, aquamarine coloured water, native wildlife including birds, lizzards, Wallabies, marine life including whales during the migration season (May-Nov), unique coastal shacks and even simple morning light, will be overwhelmed with an abundant supply of epic photos!

Walk through Burning Palms Beach and see the heritage listed Coastal Shacks and hear the fascinating facts about the local area and how the 'shacks' came to be. Rock hop around the headlands to reach the Figure 8 Pools where can spend time to explore this spectacular area and can swim in naturally formed rock pools of all sizes and shapes including the famous Figure 8.

After exploring at the Figure 8 Pools, will hike back up the mountain to the top and make the way out of the Royal National Park back to Sydney.

As a proud Eco-Certified Tour Operator, the adventure guides clean up rubbish on the hike back and encourage guests to help in effort to keep the National Parks clean.

Service Provider's guides carry an extensive remote wildemess pack which includes a First Aid Kit, defibrillator, E-pirb, Satellite Phone, Oxygen mask and other medical misc goods in case of any emergencies. All guides are trained and have their First Aid CPR Certificates up to date.



All sales are final and incur 100% cancellation penalties.

