

# Coffs Harbour Red Rock Creek Premium Cultural Stand Up Paddling

• 2.5 hours (approx.) •

## • KEY FACTS •



1. 2.5 hour Aboriginal guided stand up paddleboard tour
2. Morning or Afternoon tea
3. A small gift
4. Return transfer from Coffs CBD selected hotels
5. All paddleboarding/kayaking equipment, life vests, rash guards



1. Food & beverages not listed as Inclusions
2. Souvenirs
3. Travel Insurance

## Departure point

- Departs: daily\*, all year round
- \* Tour does not run on Christmas Eve (24 December), Christmas Day (25 December), New Year's Day (1 January)
- Location: Red Rock Creek
- Tour Times^: 07:00, 10:00, 13:00, 16:00
- ^ Complementary transfer from/to selected Coffs Harbour hotels included before departure time
- ^ Tour times are reference only, subject to tide conditions.

## How to get there

- By Car  
Located approximately 15km north of Coffs Harbour, takes about 15 minutes.  
- From Coffs Harbour: follow Pacific Hwy/A1 to Moonee Beach. Take the exit towards Moonee Beach Rd/Moonee Beach/Nana Glen from Pacific Hwy/A1, and then take Moonee Beach Rd and Estuary Dr to Tidal Cres.  
- Address: 1-31 Tidal Cres, Moonee Beach NSW 2450
- By Coach  
If you do not drive, complimentary transfer from/to selected hotels included. Please indicate the name of your hotel at the point of booking - the most convenient pick-up location and time will be advised in your booking confirmation.

## Operating hours

Daily* (Tide Depending)	07:00 - 16:00
*Christmas Eve (24 December)	Closed
*Christmas Day (25 December)	Closed
*New Year's Day (1 January)	Closed

## Check-in requirements

Please arrive 10 minutes prior to the pick-up time at your booked pick up location. There might be 5-10 minutes delay depends on the traffic on the day. If you think the pick is late or you are not being picked up, please call The Service Provider and quote your confirmation number to double check.

## What to bring/wear

- Appropriate clothing for all weather conditions, eg. jacket for cooler months.
- Comfortable walking shoes
- Protective clothing, hat, sunscreen lotion, and sunglasses
- Water bottle, Snacks
- Swimmers and towels
- Umbrella / raincoat if rains
- Insect repellent
- Camera (waterproof if swimming)

## Other info

- Money / credit card for optional purchases

### [Child Policy]

- Minimum participation age is 3 years of age.
- Children between 3-16 years must be accompanied by an participating adult.
- Children between the ages of 3-7 years of age will be asked to share boards with there accompanying adult for safety.

### [Terms and Conditions]

- Minimum participants required is 6 and maximum is 15.
- Service provider reserves the right to change the format or cancel the experience if the water and weather conditions become unsafe during the activity.
- The instructor will modify the activity and undertake activities on the shore rather than in the water, or the activity may be rescheduled.
- If the instructor becomes aware of a medical condition during the tour, and feels that it is unsafe to continue, the instructor can refuse to continue, no refund/credit will be given.

## • OVERVIEW •

### **Coffs Harbour Red Rock Creek Premium Cultural Stand Up Paddling**

This stand up paddle tour taking the guest on a cultural journey showcasing the Gumbaynggirr language, bush tucker and location specific Aboriginal stories.



# Coffs Harbour Red Rock Creek Premium Cultural Stand Up Paddling

Stand up paddle with the direct descendants of the world's first stand up paddlers and connect to land and sea through language and stories, and collect and taste seasonal bush food.

The tours take place on the homelands of the Gumbaynggirr tribal nation and all of the guides are Gumbaynggirr people or Aboriginal people who have strong family ties to Gumbaynggirr country.

In Gumbaynggirr language, Ngaalgan translates to 'ear'. Place of hearing, contemplation and connection. Paddle in an unspoilt remote pristine marine park waterway and immerse and connect to the country through Gumbaynggirr language, Dreaming stories, histories, and bush food sampling.

You will also receive a small gift to take home.

## LOCATION

Red Rock is located 30km (approximately 30 minutes drive) north of Coffs Harbour on the NSW North Coast.

Coffs Harbour is located on the north coast of NSW approximately half way between Sydney and Brisbane (6-7 hours drive north of Sydney or 1 hour flight).

## FEATURES

- Learn how the language, Gumbaynggirr came to be in the Dreaming and learn simple Gumbaynggirr phrases
- Follow and engage with a traditional Gumbaynggirr Dreaming story
- Sample bush food delicacies, such as lemon myrtle, yams, pig face (barridamam), honey suckle banksia (maawa), native sarsparella, paper bark tree (balawungga)
- Engage with the resilience of Gumbaynggirr culture and learn how our culture has been preserved over time

## • POLICY •

### Cancellation Policy

- If you cancel at least 7 day(s) in advance of the scheduled departure, there is no cancellation fee.
- If you cancel between 0 and 6 day(s) in advance of the scheduled departure, there is a 100 percent cancellation fee.
- If no show, no refund.



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